



Today's Date (MM/DD/YYYY)

Have you every consulted a Chiropractor before? Y N When? _____

Whom may we thank for referring you?

(Date of Birth)

(SS#)

Gender M F

(First Name)

(Last Name)

(Middle)

(Address)

Marital Status: Single Married Divorced
Widowed Separated

(City)

(State)

(Zip)

Spouses Name: _____

Spouse Occupation: _____

(Cell Phone)

(Work Phone)

Child's Name and Age _____

Child's Name and Age _____

Child's Name and Age _____

Child's Name and Age _____

(Email)

Emergency Contact: _____

Phone: _____

(Occupation)

May we contact you at work if needed? Y N

(Employer)

Preferred method of contact: __Cell __Home __Email

(Employer Address)

(Primary Care Provider)

(PCP phone)

(Insurance Carrier)

(Policy Number)

(Insured's full name-first, middle, last)

(Birth Date MM/DD/YYYY)

Who carries this policy?

Self Spouse Parent

(Insured's Employer)

(Phone)

(Address)

City)

(State)

(Zip)

Please describe your primary, secondary and additional complains in the appropriate boxes below:

Location: (where does it hurt? Circle the area(s) on the illustration.

Primary Complaint

The primary symptom that prompted me to seek care today is:

And are the result of

__an accident or injury
 __work __Auto __Other

__a worsening long term problem

__an interest in wellness care

Onset (when did you first notice your symptoms?) _____

Prior Interventions: (what have you done to relieve the symptoms?)

__prescription medication __acupuncture
 __over the counter drugs __chiropractic
 __homeopathic remedies __massage
 __physical therapy __ice
 __surgery __heat

Secondary Complaint

The secondary symptom that prompted me to seek care today is:

And are the result of

__an accident or injury
 __work __Auto __Other

__a worsening long term problem

__an interest in wellness care

Onset (when did you first notice your symptoms?) _____

Prior Interventions: (what have you done to relieve the symptoms?)

__prescription medication __acupuncture
 __over the counter drugs __chiropractic
 __homeopathic remedies __massage
 __physical therapy __ice
 __surgery __heat

Additional Complaint

The additional symptom that prompted me to seek care today is:

And are the result of

__an accident or injury
 __work __Auto __Other

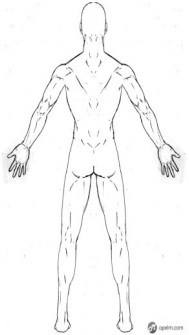
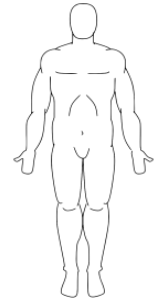
__a worsening long term problem

__an interest in wellness care

Onset (when did you first notice your symptoms?) _____

Prior Interventions: (what have you done to relieve the symptoms?)

__prescription medication __acupuncture
 __over the counter drugs __chiropractic
 __homeopathic remedies __massage
 __physical therapy __ice
 __surgery __heat



What else should Dr Chelsey know about your current condition? _____

How does your current condition interfere with your:

Work or career: _____

Recreational activities: _____

Household Responsibilities: _____

Personal Relationships: _____

Our office focuses on a holistic approach to your health. Please check each symptom below you current HAVE or HAD in the appropriate section

Musculoskeletal: (have)

__osteoporosis __arthritis __scoliosis
 __neck pain __back pain __hip pain
 __knee injuries __ankle injuries __shoulder pain
 __TMJ pain __poor posture

Neurological: (have)

__anxiety __depression __headache
 __dizziness __pins and needles __numbness
 __blurred vision __ringing in ears __hearing loss

Cardiovascular (have)

__high blood pressure __low blood pressure __angina
 __poor circulation __excessive bruising __short breath

Digestive (have)

__constipation __diarrhea __heartburn
 __food sensitivities __anorexia/bulimia

Respiratory (have)

__asthma __apnea __hay fever

(had)

__osteoporosis __arthritis __scoliosis
 __neck pain __back pain __hip pain
 __knee injuries __ankle injuries __shoulder pain
 __TMJ pain __poor posture

(had)

__anxiety __depression __headache
 __dizziness __pins and needles __numbness
 __blurred vision __ringing in ears __hearing loss

(had)

__high blood pressure __low blood pressure __angina
 __poor circulation __excessive bruising __short breath

(had)

__constipation __diarrhea __heartburn
 __food sensitivities __anorexia/bulimia

(had)

__asthma __apnea __hay fever

Skin (have)
 ___acne ___psoriasis ___skin cancer
 ___hair loss ___rash ___eczema

Endocrine (have)
 ___thyroid issues ___immune disorders ___low energy
 ___swollen glands ___frequent infection ___hypoglycemia

Genitourinary (have)
 ___kidney stones ___infertility ___bedwetting
 ___prostate issues ___erectile dysfunction ___PMS

Constitutional (have)
 ___fainting ___low libido ___fatigue
 ___loss of appetite ___sudden wt loss/gain ___weakness

had)
 ___acne ___psoriasis ___skin cancer
 ___hair loss ___rash ___eczema

(had)
 ___thyroid issues ___immune disorders ___low energy
 ___swollen glands ___frequent infection ___hypoglycemia

(had)
 ___kidney stones ___infertility ___bedwetting
 ___prostate issues ___erectile dysfunction ___PMS

(had)
 ___fainting ___low libido ___fatigue
 ___loss of appetite ___sudden wt loss/gain ___weakness

Family History—some health issues are hereditary, tell Dr Chelsey about the health of your immediate family members

Relative	Age (if living)	State of health	Illnesses	Age of Death and cause
Mother	_____	_____	_____	_____
Father	_____	_____	_____	_____
Sister	_____	_____	_____	_____
Sister 2	_____	_____	_____	_____
Brother	_____	_____	_____	_____
Brother 2	_____	_____	_____	_____
Spouse	_____	_____	_____	_____

Social History— tell Dr Chelsey about your health habits and stress levels

Alcohol use O Daily O Weekly How much? _____

Coffee use O Daily O Weekly How much? _____

Tobacco use O Daily O Weekly How much? _____

Exercising O Daily O Weekly How much? _____

Pain relievers O Daily O Weekly How much? _____

Soft drinks O Daily O Weekly How much? _____

Water intake O Daily O Weekly How much? _____

Hobbies: _____

Please rate your level of stress 0-10 and give a brief description why you rated it what you did _____

What is the major stressor in your life? _____ How many hours do you average per night? _____

What is the type and approximate age of your mattress and pillow? _____

Describe your typical eating habits: O skip breakfast O two meals a day O Three meals a day O snacking between meals

What could be the most significant thing you could do to improve your health? _____

In addition to the main reason for your visit today, what additional health goals do you have? _____

 (Doctor's signature)

Activities of Daily Living— how is this condition interfere with your life and ability to function?

	0	1	2	3	4	5		0	1	2	3	4	5
Sitting-----	0	0	0	0	0	0	Shopping-----	0	0	0	0	0	0
Rising out of chair-----	0	0	0	0	0	0	Household chores-----	0	0	0	0	0	0
Standing-----	0	0	0	0	0	0	Lifting objects-----	0	0	0	0	0	0
Walking-----	0	0	0	0	0	0	Reaching overhead -----	0	0	0	0	0	0
Lying down-----	0	0	0	0	0	0	Showering or bathing-----	0	0	0	0	0	0
Bending over-----	0	0	0	0	0	0	Dressing -----	0	0	0	0	0	0
Climbing stairs-----	0	0	0	0	0	0	Love life-----	0	0	0	0	0	0
Using a computer-----	0	0	0	0	0	0	Sleep-----	0	0	0	0	0	0
Getting in/out of car-----	0	0	0	0	0	0	Concentrating-----	0	0	0	0	0	0
Driving a car-----	0	0	0	0	0	0	Exercising-----	0	0	0	0	0	0
Caring for family-----	0	0	0	0	0	0	Yard work-----	0	0	0	0	0	0

Females

Are you Cycling monthly Perimenopausal Menopausal

Date of first day of last menses _____

Are you currently pregnant? Y N How far along are you? _____ weeks Due date _____

Are you currently breastfeeding? Y N

Are you currently using birth control? Y N What kind? _____

Do you :

Experience painful periods? Y N Have irregular cycles? Y N

Have heavy/clotty periods? Y N Have spotting between cycles? Y N

Have painful or crampy periods? Y N Experience infertility? Y N

Perform monthly breast exams? Y N Have annual mammograms? Y N

Miscarried? Y N

When did you miscarry and what was the reason you were told for the occurrence? _____

Notice of Privacy Policy

_____ I instruct the chiropractor to deliver the care that, in his or her professional judgement, can best help me in the restoration or maintenance of my health. I also understand that the chiropractic care offered in this practice is based on the best available evidence and designed to reduce or correct vertebral subluxation. Chiropractic is a separate and distinct healing art from medicine and does not proclaim to cure any named disease or entity.

_____ I may request a copy of the privacy policy and understand it describes how my personal health information is protected and released on my behalf for seeking reimbursement from any involved third parties.

_____ I grant my permission to be called to confirm or reschedule an appointment and to be sent occasional cards, letters, emails or health information to me as an extension of my care in this office

_____ I acknowledge that any insurance I have is an agreement between the carrier and me and that I am responsible for the payment of any covered or non-covered services I receive

_____ To the best of my ability, the information I have supplied is complete and truthful. I have not misrepresented the presence, severity, or cause of my health concern

(print name)

(signature)

Doctor's signature

INFORMED CONSENT FOR CHIROPRACTIC TREATMENT

The nature of chiropractic treatment: The doctor will use his/her hands or a mechanical device in order to move your joints. You may feel a “click” or “pop”, such as the noise when a knuckle is “cracked”, and you may feel movement of the joint. Various ancillary procedures, such as hot or cold packs, electric muscle stimulation, therapeutic ultrasound or dry hydrotherapy may also be used.

Possible Risks: As with any health care procedure, complications are possible following a chiropractic manipulation. Complications could include fractures of bone, muscular strain, ligamentous sprain, dislocations of joints, or injury to intervertebral discs, nerves or spinal cord. Cerebrovascular injury or stroke could occur upon severe injury to arteries of the neck. A minority of patients may notice stiffness or soreness after the first few days of treatment. The ancillary procedures could produce skin irritation, burns or minor complications.

Probability of risks occurring: The risks of complications due to chiropractic treatment have been described as “rare”, about as often as complications are seen from the taking of a single aspirin tablet. The risk of cerebrovascular injury or stroke, has been estimated at one in one million to one in twenty million, and can be even further reduced by screening procedures. The probability of adverse reaction due to ancillary procedures is also considered “rare”.

Other treatment options which could be considered may include the following:

Over-the-counter analgesics. The risks of these medications include irritation to stomach, liver and kidneys, and other side effects in a significant number of cases.

Medical care, typically anti-inflammatory drugs, tranquilizers, and analgesics. Risks of these drugs include a multitude of undesirable side effects and patient dependence in a significant number of cases.

Hospitalization in conjunction with medical care adds risk of exposure to virulent communicable disease in a significant number of cases.

Surgery in conjunction with medical care adds the risks of adverse reaction to anesthesia, as well as an extended convalescent period in a significant number of cases.

Risks of remaining untreated: Delay of treatment allows formation of adhesions, scar tissue and other degenerative changes. These changes can further reduce skeletal mobility, and induce chronic pain cycles. It is quite probable that delay of treatment will complicate the condition and make future rehabilitation more difficult.

Unusual risks: I have had the following unusual risks of my case explained to me.

I have read the explanation above of chiropractic treatment. I have had the opportunity to have any questions answered to my satisfaction. I have fully evaluated the risks and benefits of undergoing treatment. I have freely decided to undergo the recommended treatment, and hereby give my full consent to treatment.

Printed Name

Signature

Date

(doctor's signature)